

DISCIPLESHIP TRAINING WORKBOOK

First Edition



DISCIPLESHIP TRAINING PROGRAM

Train. Fight. Win.

Preparing You For The Ultimate Mission.



DISCIPLESHIP TRAINING WORKBOOK, FIRST EDITION

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THE HUMAN NATURE

Every person who has been born into the world since Adam and Eve, except Jesus Christ, has been born with a sinful nature, a deceitful heart, and a mind that is at war with God.

“Those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For the mind that is set on the flesh is hostile to God, for it does not submit to God’s law; indeed, it cannot. Those who are in the flesh cannot please God”.

Romans 8:5-8

This evil nature (also called the self) can never be changed by any effort of your own. No matter how much you try to live right and do right, you have no power to change the old nature with which you were born.

Because of our grave need, God in love and mercy sent His own Son into the world. Christ became a man. He lived, was tempted, died as a perfect man (God in flesh), and thus, by His death, paid for man’s sin.

We stand on the threshold of a new life when by faith we receive the Son of man as Savior. As we daily live in fellowship with Him, our life is conformed to His image, thus fulfilling God’s original plan and purpose for our lives.

“It is God who works in you, both to will and to work for his good pleasure.”

Philippians 2:13

Look up each verse and answer in the space provided. The numbers at the end of each question indicate the chapter and verse in which the answer is found.

- 1. What title did Jesus assume in John 1:51?**
- 2. What did the WORD (Jesus) become? (John 1:14)**
- 3. Why did Jesus Christ come into the world? (John 3:17)**
- 4. Who took the first step in salvation, God or man? (John 3:16)**
- 5. What is God's final proof that He loves mankind? (John 3:16)**
- 6. What did John the Baptist call Jesus? (John 1:29)**
- 7. Why didn't Jesus commit Himself to man? (John 2:24-25)**
- 8. What was different about the way this man spoke? (John 7:46)**
- 9. Why are some men willing to abide in darkness? (John 3:19-20)**
- 10. Why didn't certain Pharisees confess Him? (John 12:42-43)**
- 11. When a man sins, is he free or is he a servant? (John 8:34)**
- 12. What does the unsaved man lack? (John 5:42)**
- 13. Who is the unsaved man's father? (John 8:44)**
- 14. What must one do to be condemned (lost)? (John 3:18)**
- 15. What is the result of not believing? (John 8:24)**

16. What will judge men in the last day? (John 12:48)

17. What is the penalty of unbelief (John 3:36)

18. What is necessary for one to see God's kingdom? (John 3:3)

19. Are such things as baptism, communion, and church membership mentioned as necessary for salvation? (John 5:24)

20-21. What must I do to become a son of God? (John 1:12) If I come to Him, will He cast me out? (John 6:37)

22. List the three promises given in John 10:28

THE NEED FOR SALVATION

Our first parents, Adam and Eve, were created and lived in the Garden of Eden with sinless natures, but with the power to choose between right and wrong. Man chose to make SELF the pivot of his life instead of God. Man failed in God's test, for he rebelled against God's command:

“The Lord God took the man and put him in the garden of Eden to work it and keep it. And the Lord God commanded the man, saying, ‘You may surely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.’”

Genesis 2:15-17

God hates sin; however, He loves the sinner and therefore, has provided a plan whereby He can save fallen man.

Salvation consists of the deliverance of the sinner from the penalty, power, pollution, and finally from the very presence of sin by reason of the provision and power of God. It also includes the deliverance of the sinner from this evil, condemned, and perishing world; from the power and devices of Satan and from the awful destiny and doom of those who are forever lost. It involves the complete regeneration and transformation for the sinner so that he receives new life, a new heart an new spirit, a new song, a new mind, a new nature a are service and some day a new body and then he will be transported to a new Heaven and a new Earth. Paradise will be regained, and those who are thus saved will forever enjoy its bounty, beauty, and blessings.

Thus, we conclude, salvation depends entirely on God's plan of redemption-entirely upon this Divine Person and His finished work for sinners upon the cross, through faith in His Name! Notice: a Person! A Name! That person is the Son of God and His Name is Jesus.

“To [Jesus from Nazareth] all the prophets bear witness that everyone who believes in him receives forgiveness of sins through his name.”

Acts 10:43

Look up each verse and answer in the space provided. The numbers at the end of each question indicate the chapter and verse in which the answer is found.

1. For what must man be willing in order to know the truth? (John 7:17)

2. What work does God require for salvation?
(John 6:29)

3. What is the result of knowing the truth?
(John 8:32)

4. Who is the Truth? (John 4:6)

5. What is the result of rejecting the truth?
(John 8:24)

6. Who is the father of all saved people?
(John 8:44)

The necessity of the new birth grows out of the impossibility of the natural man to see or enter into the kingdom of God. However talented, religious, or refined, the natural man is absolutely blind to spiritual truth apart from the New Birth experience.

See 1 Corinthians 2:14

7. What is the result of receiving Christ?
(John 1:12)

8. Although Nicodemus was religious, what was his problem? (John 3:3)

9. Of whom must one be born spiritually?
(John 3:6)

10. What part do works have in our salvation? (Ephesians 2:8-9)

11. Therefore, could the requirement to be born of water in John 3:5 mean a work such as baptism?

12. What object from nature does Christ use to describe the mystery of the new birth? (John 3:8)

In the Bible, "water" is used to refer to, or symbolize, several things; for example: the Word of God (Ephesians 5:26) or the Holy Spirit (John 7: 37-39)

13. What will be the result of drinking the water from which Jesus gives? (John 4:14)
14. To whom must we go for living water? (John 7:37)
15. Whom does Jesus invite to come to Him? (John 7:37)
16. Who is the door to salvation? (John 10:7-9)
17. How does Christ classify those who try to enter another way? (John 10:1)
18. Is there any other way of coming to the Father than by Christ? (John 14:6)

Refer also to 1 John 2:1, Hebrews 7:25, Romans 8:26-27, Romans 8:34, 1 Timothy 2:5

THE MESSIAH

Jesus Christ, who is the center and heart of the Bible and history, is also the center and heart of the life of a Christian. Our eternal destiny is in His hands. Our acceptance or rejection of Him determines for each of us eternal glory (which is Heaven), or eternal ruin (which is Hell).

As we look into the first four gospels in the New Testament, we see not merely a biography of Jesus Christ, but a personality. He is portrayed as King in Matthew; Servant in Mark; Man in Luke and God in John. Although the four gospels are designedly incomplete as a story, they are divinely complete as a revelation. We may not through them know everything He did, but we may know Him, the Doer! The gospel writers never describe Christ, they set Him forth. They tell us almost nothing about what they thought of Him, they let Him speak and act for Himself. This is the essential respect in which these gospels differ from a mere biography.

“It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life.”

John 6:63

The student in whom dwells an ungrieved spirit, finds here the Living Christ.

Look up each verse and answer in the space provided. The numbers at the end of each question indicate the chapter and verse in which the answer is found.

1. What did John the Baptist call Jesus? (John 1:29)
2. What did Thomas call Jesus? (John 20:28)
3. Who called Jesus the Son of God? (John 1:49)
4. Whom did Andrew tell Peter he found? (John 1:41)
5. What humble name did Jesus give Himself? (John 1:51)
6. Was Christ created? (John 1:1-2)
7. Who was the Creator of all things? (John 1:3)
8. What did the Living Word become? (John 1:14)
9. How are the words of Jesus Christ different from the words of men? (John 6:63)
10. Whose will did Jesus seek to do? (John 8:28-29)
11. What was the officer's impression of Jesus? (John 7:46)
12. Why is it necessary to reverence Jesus Christ? (John 5:23)
13. Why did the Jews try to kill Jesus? (John 5:17-18, 10:33)
14. What sort of death did Christ die? (John 19:17-18)
15. Could Christ have chosen to avoid this terrible date? (John 10:17-18)
16. At the time of the trial of Jesus, what fault was found in Him? (John 19:4)

In the Bible, Jesus Christ is also called the living Word. Referring to the fact that He took upon Himself a human body and subjected Himself to a human existence (Hebrews 10:5), so that He could offer a satisfying sacrifice (Philippians 2:6-8) for our sins (Heb. 2:9).

17. What was His motive that caused Christ to die in our place? (John 15:13)

18. According to John 19:34, when the soldiers pierced the side of Jesus, “forthwith came there out _____ and _____” [this meant that he was physically dead].

19. What were Christ’s words to describe how complete His sacrificial death made His redemptive work for us? (John 19:30)

20. Although Christ died for the sins the whole world, why isn’t everyone automatically saved? (John 8:24)

21. What else besides His death did the Scriptures predict? (John 20:9)

22. Were the disciples expecting His resurrection? (John 20:9-10)

23. What did Peter and John find when they reached the tomb? (John 20:3-7)

24. What proof did the disciples have that Jesus rose from the dead?
(John 21:14)

25. How did the resurrection fulfill a prophecy made by Jesus? (John 2:19-21)

26. Why may some be more blessed than Thomas? (John 20:29)

27. At the moment one believes in Christ, he is “passed from _____ to _____.”
(John 5:24)

28. Why might a Christian expect persecution? (John 15:18-20)

- 29. What is our assurance of victory in this world? (John 16:33)**
- 30. Who comforts the believers in the absence of Jesus Christ? (John 14:16-17)**
- 31. What are the results of truly loving Christ? (John 14:23)**
- 32. Why couldn't Jesus reveal to His disciples "these many things?"
(John 16:12)**
- 33. Why do we believe Jesus Christ is coming back again? (John 14:1-4)**

THE CHRISTIAN LIFE

The Victorious Life is the birthright of every Christian. One who is justified and has received the Holy Spirit is equipped for a new life. This life is not self-centered nor negative, but has a positive objective and purpose. It is the Holy Spirit who lives through a Christian person guides the life which God expects him to lead.

The “Law of All Life is Growth.” In a similar way, the Scriptures command us to “grow in grace and knowledge of our Lord and Savior Jesus Christ.” (2 Peter 3:18). There are four basic principles that will aid you to maintain the Victorious Christian Life:

1. Bible Study,
2. Prayer,
3. Christian Fellowship,
4. Evangelism.

“It is God who works in you, both to will and to work for his good pleasure.”

Philippians 2:13

INTRODUCTORY QUESTIONS

This lesson’s questions are grouped by category, look up each verse and answer in the space provided. The numbers at the end of each question indicate the chapter and verse in which the answer is found.

1. What is the victory that overcomes the world? (1 John 5:4)
2. How is the devil (the wicked one) overcome? (1 John 2:14)
3. How is victory gained over the flesh? (Galatians 5:16)
4. How are we restored to fellowship with God when we sin? (1 John 1:9)
5. Why should we not be discouraged? (John 16:33)

BIBLE STUDY

It has been aptly stated, "Sin will keep you from the Bible or the Bible will keep you from sin."

- 1. What claim is made for the Bible? (2 Timothy 3:16-17)**
- 2. How did God communicate His Word to man? (2 Peter 1:21)**
- 3. What did Jesus say about His words? (Mark 13:31)**
- 4. Why was the Bible written? (John 20:31)**
- 5. Why is it wrong to add to or take away from the Bible? (Revelation 22:18-19)**

PRAYER

Prayer is simply and solely the realization of God. Prayer is communion by the medium of faith with the invisible. Mark 1:35 demonstrates the importance of prayer; "[Jesus] was in the wilderness forty days, being tempted by Satan. And he was with the wild animals, and the angels were ministering to him."

- 1. In whose name are we to come to God in prayer? (John 16:24)**
- 2. What is the reason that prayers asked in His name are answered? (John 14:13)**
- 3. What are two conditions for effective prayer? (John 15:7)**
- 4. How should we approach God? (Hebrews 10:22)**
- 5. Why do we often fail in prayer? (James 4:3)**
- 6. Why cannot we pray effectively with a bitter heart? (Mark 11:25)**
- 7. What is especially displeasing to God? (Matthew 6:7-8)**

CHRISTIAN FELLOWSHIP

Because each believer is a member of the Body of Christ, God has commanded us meet together often. “Let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.” Hebrews 10:25

1. How often did the New Testament church meet for fellowship? (Acts 2:46)

2. Is any fellowship too small for Christ to work among them? (Matthew 18:20)

3. What is the result of following Jesus? (Matthew 4:19)

EVANGELISM

The last commission Jesus gave was to go out and proclaim the gospel to everyone. “Now, we are ambassadors for Christ, as though God were pleading through us....” 2 Corinthians 5:20.

1. What was the last commission of our Lord? (Matthew 28:19)

2. How is the Father glorified through the believer? (John 15:8)

3. Why does the Apostle Paul emphasize evangelism? (Romans 10:14-15)

4. What is the responsibility for every Christian? (Philippians 2:16)

5. What special place of honor will the faithful witness have? (2 Timothy 2:12)

6. How is a Christian given power to be a witness? (Acts 1:8)

THE HOLY SPIRIT

“I came that they may have life, and that they may have it more abundantly.”

– Jesus (John 10:10b)

Jesus Christ desires for every believer this fullness of life which is possible only through an experiential knowledge of the Third Person of the Trinity, **the Holy Spirit.**

The Holy Spirit has existed eternally with the Father and the Son. He is not simply an influence, a mere idea, like a figment of the imagination. Notice the personal pronouns in John 16:13 that Christ used to describe His office and work. The Holy Spirit has many titles- for example: the Holy Ghost, the Spirit of Christ, and the Anointing. His one ministry in the believer is to form and project the Person of Christ, thus glorifying the Lord Jesus.

*“When the **Spirit of truth** comes, **he** will guide you into all the truth, for **he** will not speak on **his** own authority, but whatever **he** hears **he** will speak, and **he** will declare to you the things that are to come. **He** will glorify me, for **he** will take what is mine and declare it to you.”*

– Jesus (John 16:13,14)

Turning to the pages of the Old Testament, we first read of the Spirit hovering over the face of the waters (Genesis 1:2), He came upon Saul in 1 Samuel 10:10, and again in 1 Samuel 16:13, He came upon David. In every instance in the Old Testament, the Holy Spirit came upon a person when a particular deliverance or message was needed.

Although the incarnation, baptism, and ministry of our Savior was in the power of the Spirit (Luke 4:14), it was not until after Jesus Christ was glorified in His death, resurrection, and ascension, that the Holy Spirit came to indwell every believer.

The more yielded you are to the indwelling Holy Spirit, the more happy and holy your life will be. This is the Christian's basic law of life. Would you like to have victory over temptations and live on in the highest spiritual plane? Then you must begin now to surrender unconditionally to His leadership, and thus, make your life count as a witness to reality of Jesus Christ.

Look up each verse and answer in the space provided. The numbers at the end of each question indicate the chapter and verse in which the answer is found.

- 1. What does the Holy Spirit convict the world of (John 16:8)**
- 2. Whom does the Holy Spirit exalt? (John 16:14)**
- 3. How are the things of God understood? (1 Corinthians 2:10-11)**
- 4. Can anyone truly acknowledge Jesus as Lord apart from the Holy Spirit?**
- 5. Who is the great teacher of every believer? (John 14:26)**
- 6. How long does the Holy Spirit abide with a believer? (John 14:16)**
- 7. What was necessary before Jesus could send the Comforter to us? (John 14)**
- 8. In order to be saved, we must be born of Whom? (John 3:6)**
- 9. What is the temple of the Holy Spirit today? (1 Corinthians 6:19)**
- 10. By what means (of guidance and power) are we to walk as Christians? (Galatians 5:25)**
- 11. What is the positive command given to every believer? (Ephesians 5:18)**
- 12. What is the result of being filled with the Spirit? (Galatians 5:22)**
- 13. Are all believers baptized with the Holy Spirit? (1 Corinthians 12:13)**
- 14. Who is to empower us to witness? (Acts 1:8, Ephesians 3:16)**
- 15. Who establishes the Christian in his walk? (2 Corinthians 1:21)**

- 16. When is a Christian sealed with the Holy Spirit? (Ephesians 1:13)**
- 17. For how long is the believer sealed? (Ephesians 4:30)**
- 18. When the believer sins, what does he do the indwelling Holy Spirit? (Ephesians 4:30)**
- 19. How do believers maintain fellowship with God and with one another? (1 John 1:7,9)**
- 20. What is the result when a believer is not obedient to the leadership of the Holy Spirit? (No Bible Reference)**
- 21. According to Philippians 1:19-20, who magnifies and forms Christ in your body?**
- 22. Who prompts the believer to worship? (Ephesians 5:18-20)**
- 23. What will the Spirit do in the last day (Romans 8:11)**
- 24. Who does the Spirit invite to the Water of Life? (Revelation 22:17)**
- 25. What part did the Holy Spirit have in formulating the Scriptures? (2 Peter 1:21)**
- 26. What does the Holy Spirit do for the believer according to Romans 8:26?**

